






# How to Assemble Pull Up Table

## Install Instructions

### Tools Required

- #3 Phillips Bit 
- 10 ft lb Torque Wrench 
- Impact Driver 

### Hardware Included

- 2 each -1/4-20 x 1 Flat Head Screws 
- 8 each -#8-5/8 Flat Head Screws 

### Installation

Note: All screws provided must be installed for proper installation and compliance with product warranty.

1. Lay out protective floor covering (cardboard, blanket, etc.)
2. Using the two 1/4-20 x 1 bolts included, align and secure the post assembly to the table base using impact driver. Torque to 10 ft. lbs. (Figure B)
3. Using the eight #8 x 5/8 screws supplied, align the pilot holes in the top with the top plate and secure the top to the post assembly. (Figure B)
4. Stand table upright. (Figure C)

Figure A

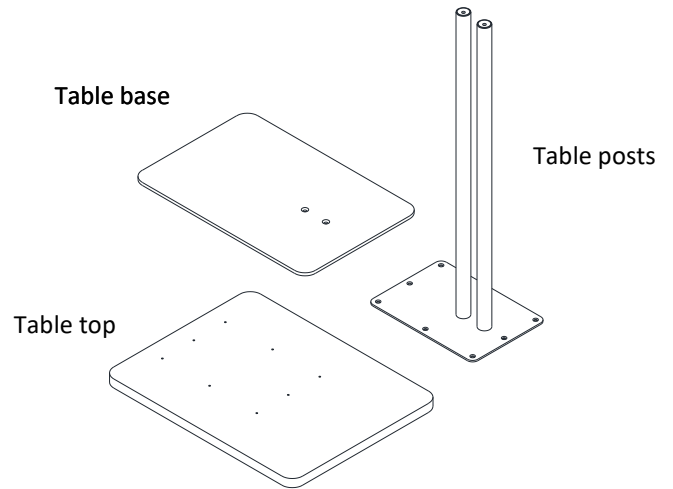


Figure B

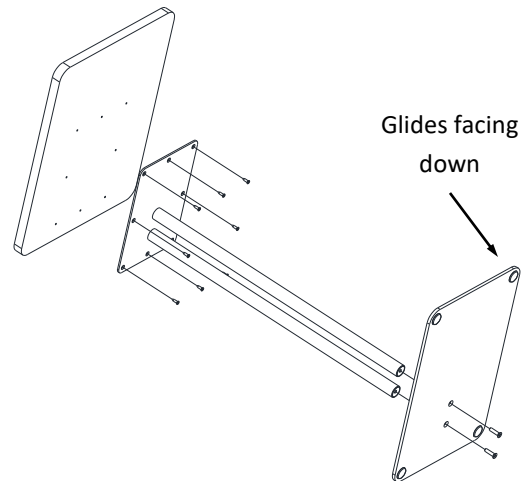


Figure C

